

Assess Your Child's Temperament:

- **Activity**

Low

High

1 2 3 4

5

- **Regularity**

Irregular

Regular

1 2 3 4

5

- **Approach to a new situation**

Ready

Resistant to change

1 2 3 4

5

- **Adaptability to change in routine**

Inflexible

Adaptable

1 2 3 4

5

- **Level of sensory threshold**

Low

High

1 2 3 4

5

- **Mood**

Positive

Negative

1 2 3 4

5

- **Intensity of response**

Mild

Intense

1 2 3 4

5

Persistent

Distractible

1 2 3 4

5

