

Central VA Mental Health Crisis Resources

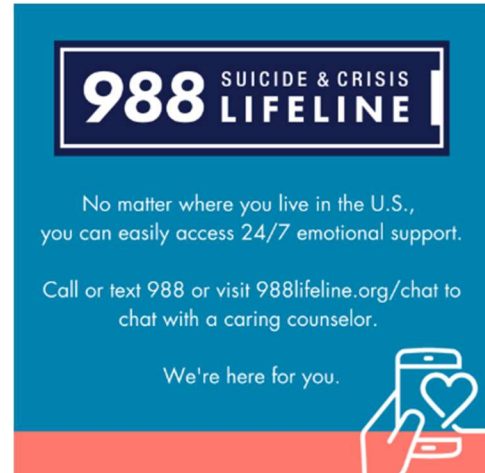
Compiled as a resource for VMAP Project ECHO participants
Reviewed 7.19.2022 | email projectecho@vmap.org with updates



Crisis Prevention and Management:

Crisis Text Lines:

- **988** (call, text, chat)
National Suicide Prevention Lifeline (<https://988lifeline.org/>) has been designated as the new three-digit dialing code that will route callers to the National Suicide Prevention Lifeline (now known as the 988 Suicide & Crisis Lifeline), and is now active across the United States. When people call, text, or chat 988, they will be connected to trained counselors that are part of the existing Lifeline network. These trained counselors will listen, understand how their problems are affecting them, provide support, and connect them to resources if necessary.
- **741-741** (text, chat, WhatsApp)
Crisis Text Line (<https://www.crisistextline.org/>) is free, 24/7 support for those in crisis.



REACH is a crisis prevention, intervention and stabilization system to support individuals with intellectual and/or developmental disabilities, as well as a mental health condition or challenging behavior that is negatively affecting their quality of life. <http://www.rbha.org>

CRest is a resource for youth who in Region 4 ages 5 – 18 who are in crisis and need help. CRest clinicians work with family to triage and problem-solve the crisis at-hand; identify ongoing treatment needs; link to outside providers; and provide community-based counseling.
CRest Referral Number: 1-833-968-1800 www.rbha.org

The counties and localities included in **Region 4** are:

- **Chesterfield County** (Chester, Chesterfield, Ettrick, Matoaca, Midlothian, Mosely)
- **Richmond City**
- **Henrico Area** (Charles City, Red House, Glen Allen, Henrico, Highland Springs, Sandston, Lanexa, New Kent, Providence Forge, Quinton)
- **Hanover** (Ashland, Beaverdam, Doswell, Hanover, Mechanicsville, Montpelier, Rockville)
- **Crossroads Area** (Amelia, Jetersville, Buckingham, Charlotte, Charlotte Court House, Drakes Branch, Keysville, Randolph, Red Oak, Cartersville, Cumberland, Dundas, Kenbridge, Lunenburg, Meherrin, Prince Edward, Victoria, Blackstone, Crewe, Nottoway, Farmville, Green Bay, Rice)
- **D19** (Hopewell, Dinwiddie, McKenney, Emporia, Greensville, Skippers, Disputanta, Fort Lee, Prince George, Claremont, Spring Grove, Surry, Wakefield, Jarrat, Stony Creek, Sussex, Wakefield, Waverly, Colonial Heights, Petersburg)



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- **Goochland and Powhatan** (Crozier, Goochland, Gum Spring, Hadensville, Maidens, Manakin-Sabot, Oilville, Powhatan)

St. Joseph's Villa (address: 7700 Brook Rd Richmond, VA 23227) offers:

- **Crisis Stabilization:** [804-314-6119](tel:804-314-6119)
- **Crisis Stabilization Unit:** Short Term residential (NOT hospitalization) for ages 5-17
CSU Hotline: [804-874-9119](tel:804-874-9119) / Other inquiries: [804-955-4242](tel:804-955-4242)
- **Additional information:** <https://www.neverstopbelieving.org/services/mental-health-services/>

ChildSavers offers immediate response (24/7) for mental health crisis and trauma involving a child (804) 305-2420; <https://childsavers.org/immediate-response/>

National Counseling Group offers mobile crisis support across the state. The Richmond-area number is 804.729.0102. They also offer follow up services. <https://www.ncgcommunity.com/mobile-crisis>

Each CSB has their own Crisis hotline. (see below)

If a psychiatric evaluation is needed for possible inpatient hospitalization:

VCU Children's Hospital of Richmond

CHoR's Pediatric ER is on the ground floor of the [Critical Care Hospital](#) on the MCV Campus 1213 E. Clay St., Richmond, VA. *Call VCU telepage @ 828-0951 to talk w/ child psychiatry attending or ED attending and give them a heads up (not necessary but can be helpful)*

Chippenham Hospital - Tucker Adolescent Partial Hospitalization Program (PHP) if over 12

7101 Jahnke Rd. Richmond, VA 23225

- Call **804-521-8975** for direct referral for partial program
- PHP involves meeting w/ a psychiatrist 2x a week and daily intensive mental health support working in individual and group therapy
- Usually can get in the same day or the next day

Poplar Springs Hospital Adolescents Acute Inpatient Program for ages 11 – 17

No-cost assessments are offered 24/7 @ 804.733.6874 or 1-866-546-2229

Walk in mental health services at their local Community Service Board (CSB)

ALL should have daily same day access clinic



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CSB Information:

**** Please note this is not an exhaustive list of CSBs in Virginia. ****

To search for a CSB by county, city or zip code, visit <https://vacsb.org/csb-bha-directory/>.

Chesterfield County:

6801 Lucy Corr Boulevard, Chesterfield Va. 23832 Fax: 804-768-9283
Phone: 804-768-7318 same day access (call ahead recommended) Crisis line: 804-748-6356

Goochland/Powhatan:

3058 River Rd, Goochland, Va. 23063 Walk in hours: Mon & Wed 8:30am-11:00am
Phone: 804-556-5400 Crisis line: 804-556-3716 or 804-598-2697

3910 Old Buckingham Rd #A, Powhatan, Va. 21339 Walk in hours: Tues & Thurs 8:30am to 11:00am
Phone: 804-598-2200 Crisis line: 804-556-3716 or 804-598-2697

Hanover County:

Main Office: 12300 Washington Highway, Ashland, Va. 23005
Walk-in hours 9:00-2:00 Mon-Fri (except county holidays)
Phone: 804-365-4222 Fax: 804-365-4252

Henrico County:

10299 Woodman Rd., Glen Allen, Va. 23060
Intake: 804-727-8515 Emergency: 804-727-8484

Charles City and New Kent:

Phone: 804-727-8484 (this is also the Crisis #)

King William County:

Phone: 804-769-4922 CSA coordinator through Social Services (no CSB)

Rappahannock Area: (Fredericksburg, Stafford, Spotsylvania, Caroline, King George)

- Fredericksburg: 600 Jackson Street; Fredericksburg, VA 22401; 540-373-3223
- Caroline County: 19254 Rogers Clark Boulevard; Ruther Glen, VA 22546; 804-633-9997
- King George: 8479 St. Anthony's Road; King George, VA 22485; 540-775-9879
- Spotsylvania: 7424 Brock Road; Spotsylvania, VA 22553; 540-582-3980
- Stafford: 15 Hope Road; Stafford, VA 22554; 540-659-2725

Connect with Emergency Services any time of day:

- Fredericksburg, Spotsylvania County & Stafford County: 540-373-6876
- Caroline County: 804-633-4148
- King George County: 540-775-5064

Richmond City:

Richmond Behavioral Health Authority 107 South Fifth St., Richmond, Va 23219
Phone: 804-819-4000 **NO WALK INS** Crisis # 804-819-4100