

# Northern VA Mental Health Crisis Resources

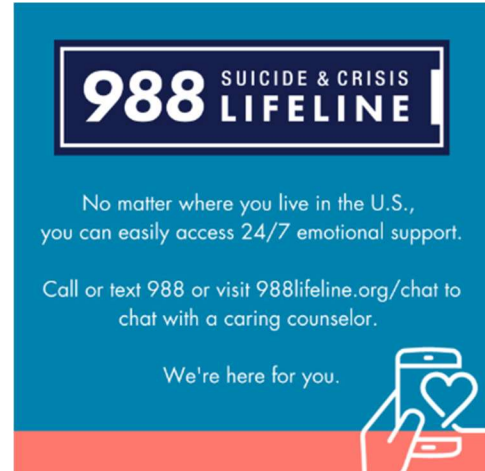
Compiled as a resource for VMAP Project ECHO participants  
Reviewed 5.31.2022 | email [projectecho@vmap.org](mailto:projectecho@vmap.org) with updates



## Crisis Prevention and Management:

### Crisis Text Lines:

- **988** (call, text, chat)  
National Suicide Prevention Lifeline (<https://988lifeline.org/>) has been designated as the new three-digit dialing code that will route callers to the National Suicide Prevention Lifeline (now known as the 988 Suicide & Crisis Lifeline), and is now active across the United States. When people call, text, or chat 988, they will be connected to trained counselors that are part of the existing Lifeline network. These trained counselors will listen, understand how their problems are affecting them, provide support, and connect them to resources if necessary.
- **741-741** (text, chat, WhatsApp)  
Crisis Text Line (<https://www.crisistextline.org/>) is free, 24/7 support for those in crisis.



**CR2- In Home Crisis Therapy:** 24 hr number 571-364-7390

Therapists come to the home several times a week. <https://www.cr2crisis.com>

**National Counseling Group** offers mobile crisis support across the state. The Richmond-area number is 804.729.0102. They also offer follow up services. <https://www.ncgcommunity.com/mobile-crisis>

For Crisis, each **CSB** has their own Crisis hotline. (see below)

## Inpatient hospitalization, PHP, IOP

**Dominion Hospital:** Intake/ admissions 703-538-2872

**Inova Fairfax Hospital:** IP Intake 703-289-7560 PHP/ IOP Intake 703-218-2900

**North Spring:** Intake/ admissions 703-554-6300

## CSB 24-Hour Emergency Numbers

**\*\* Please note this is not an exhaustive list of CSBs in Virginia. \*\***

To search for a CSB by county, city or zip code, visit <https://vacsb.org/csb-bha-directory/>.

**Fairfax/ Falls Church Emergency Services** 703-573-5679

Mobile Crisis Unit is through Fairfax/Falls Church

**Loudoun Emergency Services** 703-777-0320

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**Alexandria Emergency Services** 703-746-3401

**Arlington Emergency Services** 703-228-5160

## Helpful information

If a family has a child with significant mental health challenges, the family can call the non-emergency 911 to share information about their child. If the child has ASD or other neurological differences, they are able to share this information with the first responders to have their home “flagged” so that in the event 911 is called, the dispatcher will convey to the Crisis Intervention Team. Police may be alerted to not turn on lights or siren, and not to feel the need to use a weapon.